

# PILATES / ACTIVE ISOLATED STRETCHING PRICING SCHEDULE

## PILATES PRIVATE SESSIONS:

55 minutes in length and taught on one-on-one basis

Single Session:	\$75
4 Privates (\$70):	\$280
8 Privates (\$65):	\$520

## ACTIVE ISOLATED STRETCHING

55 minutes in length and taught on one-on-one basis

Single Session:	\$75
4 Privates (\$70):	\$280
8 Privates (\$65):	\$520

## COMBOS

2 Private Pilates (\$70) 2 AIS Sessions (\$70)	\$280
4 Private Pilates (\$65) 4 AIS Sessions (\$65)	\$520
6 Private Pilates (\$65) 2 AIS Sessions (\$65)	\$520

## INTRO TO PILATES PACKAGE:

4 Privates (\$60)	\$240
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